



## ACTS of KINDNESS

## Finding friends for the mentally ill.

You may have seen Ann Hartka sitting behind a pamphlet-laden table at Publix, or heard her cheerful spiel in your doctor's office. At 98, Hartka is not just the co-founder of Compeer Sarasota; she's also its leading volunteer recruiter.

For more than 70 years, Compeer offices throughout the country have paired volunteer companions with adults living with mental illness. Hartka, who moved to Sarasota in 1957 to operate the Miramar Hotel with her husband, helped initiate the local Compeer chapter in 2011. She was inspired by her cousin, who was diagnosed with schizophrenia at 17 and benefited from a Philadelphia-based Compeer program. "They encouraged him in so many ways," Hartka says. "He graduated college and became a journalist and a public speaker. He's so grateful."

Now partnered with Coastal Behavioral Healthcare, Compeer Sarasota serves more than 40 clients. Hartka, who was honored as the 2015 Compeer board member of the year in the United States, assures her recruits, "It's only an hour a week. But that seems to be enough to start a friendship."—HANNAH WALLACE

#### Sertoma Club of Venice Florida

Venice, (941) 412-4307
MISSION: Serves children needing speech therapy in south
Sarasota County.

#### Sertoma Kids

Sarasota. (941) 228-1062 MISSION: Provides speech and language therapy to children with communication disorders, regardless of their families' ability to pay.

Servants Outreach and Redevelopment Ministries Palmetto, (941) 981-9391 MISSION: Committed to community restoration, reconcillation and revitalization, as well as other hands-on, healingfocused endeavors.

#### Singles Reaching Singles In Christ

Sarasota. (941) 925-0987 MISSION: To minister to single adults.

SixFinger Foundation Sarasota, (508) 441-8801 MISSION: To develop projects that provide families new opportunities to learn and grow together.

SOLVE Maternity Homes Bradenton. (941) 748-0094 MISSION: Provides housing and specialized services to pregnant women and teens who have chosen life.

Southeastern Guide Dogs Palmetto, (941) 729-5665 MISSION: To create and nurture a partnership between a visually impaired individual and a guide dog, facilitating life's journey with mobility, independence and dignity.

#### Special Olympics Florida -Manatee County Bradenton, (941) 751-0049

Bradenton, (941) 751-0049
MISSION: To provide year-round
sports training and competition in a variety of Olympictype sports for people with
intellectual disabilities.

#### Special Olympics Florida -Sarasota County Venice, (941) 412-0402 MISSION: To provide year-round sports training and athletic

competition in a variety of

Olympic-type sports for persons eight years of age and older with intellectual disabilities.

Stillpoint House of Prayer Bradenton, (941) 748-6835 Mission: To reach out to the disadvantaged in our community by restoring or leading them to a life-changing encounter with God through both spiritual and material assistance.

Suncoast Aquatic Nature Center Associates (SANCA) Sarasota, (941) 358-7275 Mission: To manage Nathan Benderson Park, a community/public asset and world-class, multi-use sports venue.

Suncoast Center for Independent Living Sarasota, (941) 351-9545 Mission: Empowering people with disabilities to independence.

Suncoast Charities for Children

Sarasota. (941) 706-3795

Mission: Provides funding support to the Suncoast Foundation for Handicapped Children to assist local children, teens and adults with special needs and their families.

#### Suncoast Community Capital

Bradenton, (941) 744-2666 MISSION: Works with people of low income to achieve financial stability.

Suncoast Partnership To End Homelessness Sarasota, (941) 955-8987 MISSION: To prevent and end homelessness in Manatee and Sarasota counties.

#### Tallevast Community Center

Tallevast. (941) 355-2337
MISSION: Dedicated to improving the health, educational attainment, human welfare and opportunities for youth and families throughout Manatee and Sarasota.

The Team Tony Foundation Sarasota, (941) 320-3366 MISSION: Pairs cancer survivors with a cancer fighter to ensure those impacted get the support they need.

#### Teen Court

Sarasota, (941) 861-8460
MISSION: Changes teen lives
and reduces juvenile crime
through unique intervention
services and opportunities
for teen volunteers to learn
about and work in the legal
system.

Timothy Mark Ministries Elfrida, (941) 445-3288 MISSION: To equip the Church to be renewed through a return to the basics of loving God with utter abandon and selflessly loving others.

# Turning Points Bradenton, (941) 747-1509 MISSION: To provide, coordinate and facilitate services to the homelessand those at risk of becoming homeless in

U.S. Masters Swimming Sarasota. (941) 556-6270 MISSION: Eencourages adults to swim.

Manatee County.



### \$548

Purchases a picnic table for the Sarasota Military Academy Prep middle school campus. (They need five in all.) sarasotamilitaryacademy.org, (941) 877-7737 or (941) 926-1700





Helps keep a roof over the heads of a family in crisis through Season of Sharing. Your investment helps a family avoid losing a home; it costs much more to get them back into a house after it's been taken away, cfsarasota.org, (941) 955-3000

\$1,400

Pays for teaching one adult to overcome fear and swim safely in deep water. Miracle Swimming for Adults, miracleswimming.com, (941) 921-6420

Mote Marine Laboratory Sarasota, (941) 388-4441 Mission: To advance marine and environmental sciences through scientific research, education and public outreach, leading to new discoveries, revitalization and sustainability of the oceans.

Nature's Academy Bradenton. (941) 538-6829 MISSION: To enhance science literacy and foster environmental stewardship.

Palma Sola Botanical Park Bradenton, (941) 761-2866 MISSION: To preserve and foster an appreciation of nature and landscaping in an interactive learning environment.

Reef Medics Lakewood Ranch, (941) 961-4131 Mission: To provide therapy and education through SCUBA diving while protecting the reefs.

Sarasota Audubon Society Sarasota, (941) 312-6533 Mission: Dedicated to the protection and enjoyment of birds, wildlife and the environment.

Sarasota Garden Club Sarasota, (941) 955-0875 MISSION: Preserving botanical gardens and historical landmarks while fostering appreciation and promotion of Florida gardening principals, floral design and civic beautification.

SOSS2 (Save Our Siesta Sand)

Sarasota. (941) 952-7000 MISSION: To ensure that no harm comes to Siesta Key beaches, waterfront property or navigation in Big Pass.

Selby Gardens
Sarasota, (941) 366-5731
MISSION: To provide an oasis
of inspiration and tranquility
while furthering the understanding and appreciation of

plants, especially epiphytes.

SUSIE (Science Under Sail Institute for Exploration) Sarasota, (941) 350-0900 MISSION: Dedicated to the advancement of coral reef research and the advancement of early career scientists and explorers.

Southwest Florida Fossil Society Venice, (941) 769-2725 MISSION: To promote and foster the science of paleontology through the collection, identification and preservation of fossil remains and provide a regional forum for training and experience in the scientific field.

Suncoast Waterkeeper Sarasota, (941) 275-2922 MISSION: To protect and restore the Suncoast's waterways through enforcement, fieldwork, advocacy and environmental education.

This Spaceship Earth Sarasota, (773) 991-5199 MISSION: To overcome the challenges of climate change by creating crew consciousness.

Venice Area Beautification Venice. (941) 207-8224 MISSION: To make the Venice area a more beautiful place to live, work and play.

#### HEALTH CARE

All Children's Hospital Guild St. Petersburg, (727) 767-3879 Mission: To advocate, volunteer and fund raise for children and families of Johns Hopkins All Children's Hospital.

Alzheimer's Association Sarasota. (941) 365-8883 Mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; to reduce the risk of dementia through the promotion of brain health.

American Association of Kidney Patients
Tampa, (813) 636-8100
Mission: Dedicated to improving the quality of life of kidney patients through education, advocacy and the fostering of patient communities.

American Cancer Society
Sarasota. (800) 227-2345
MISSION: Dedicated to
eliminating cancer as a major
health problem by preventing cancer, saving lives and
diminishing suffering from
cancer, through research,
education, advocacy and
service.

American Diabetes Association Southwest Florida Tampa, (813) 885-5007 MISSION: To prevent and cure diabetes and to improve the lives of all people affected by diabetes.

Bioscent K9
Myakka City. (941) 225-5042
MISSION: To use canine scent
detection to develop a
noninvasive way of screening
for cancer and other lifethreatening diseases in their
primary stages.

Breast Health Sarasota Sarasota. (941) 927-2226 Mission: Dedicated to a communitywide effort promoting breast health awareness and education to the underserved Sarasota County residents.

Cares Outreach Services Sarasota, (941) 365-5926 MISSION: Moving forward to put health disparities behind us.

Center for Mindful Grieving Sarasota, (941) 306-1232 MISSION: To provide in-depth, one-of-a-kind, creative, specialized grief healing, recovery and life transformation services to the disenfranchised.

Centerstone of Florida Bradenton, (941) 782-4299 MISSION: Specializing in mental health and addictions so that health and wellness are possible for every family.

The Charcot-Marie-Tooth Association Glenolden, Pennsylvania, (610) 499-9264

MISSION: To support the development of new drugs to treat CMT (the most commonly inherited peripheral neuropathy); to improve the quality of life for people with CMT and ultimately, to find a cure for CMT.

Circuelle Foundation Sarasota, (855) 523-7465 MISSION: To educate, engage and empower young adults to be come self-advocates for breast health and awareness.

Coastal Behavioral Healthcare Sarasota. (941) 927-8900 Mission: To provide quality care with compassion, respect and dignity.

Community AIDS Network (CAN) Sarasota, (941) 366-0461

Sarasota, (941) 366-0461 MISSION: To provide a continuum of medical, social and education services essential to the health and well-being





